



SURFING

Why not try riding the waves? That buzz from catching and riding the wave into the shore is like nothing else.

Surfing involves using a big board with fins. You begin by swimming the board, gaining speed until you catch a wave as it rolls in behind you. You then might be able to bounce up to standing and steer the board in with your feet. It takes some practice but, but half of the fun is trying!

This is a wet, half day session. The instructors will teach you what to do gradually. You are in safe hands!

Please contact us if you would like to know more.



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